

- (l) that he/she bears marks of efficient vaccination ; and  
 (m) that he/she is free from communicable disease.

11. Screening of the chest should be done as a routine in all cases for detecting any abnormality of the heart and lungs, which may not be apparent by ordinary physical examination. Where it is considered necessary a skiagram should be taken.

When any defect is found it must be noted in the certificate and the medical examiner should state his/her opinion whether or not it is likely to interfere with the efficient performance of the duties which will be required of the candidate.

**NOTE** — Candidates are warned that there is no right of appeal from a Medical Board, special or standing, appointed, to determine their fitness for the above services. If however, Government are satisfied on the evidence produced before them of the possibility of an error of judgement in the decision of the first Board, it is open to Government to allow an appeal to second Board. Such evidence should be submitted within one month of the date of the communication in which the decision of the first Medical Board is communicated to the candidate, otherwise no request for an appeal to second Medical Board will be considered.

If any medical certificate is produced by a candidate as a piece of evidence about the possibility of an error judgement in the decision of the first Board, the certificate will not be taken into consideration unless it contains a note by the medical practitioner concerned to the effect that it has been given in full knowledge of the fact that the candidate has already been rejected as unfit for service by the Medical Board.

The procedure regarding filing an appeal, described in note below para 11 is not applicable so far as the candidates for the Combined Competitive Examination are concerned. The candidates for this examination will be required to deposit an appeal fee of Rs. 50 in such manner as may be prescribed by the Government of India in this behalf by the Department of Personnel & A.R. This fee will be refundable only to those candidates who are declared fit by the Appellate Medical Board whereas in the case of others, it will be forfeited. The candidates, may if they like, enclose medical certificates in support of their claim of being fit. The appeals should be submitted within 21 days of the date of communication in which the decision of the first Medical Board is conveyed to the candidate; otherwise, requests for second medical examination by an Appellate Medical Board will not be entertained. The second medical examination by the Appellate Board will be arranged at New Delhi only at candidate's own cost. No travelling allowance or daily allowance will be admissible for the journeys performed in connection with the second medical examination. Necessary action to arrange medical examination by the Appellate Medical Board will be taken by the Department of Personnel & A.R. on receipt of appeals accompanied by the prescribed fees.

#### *Medical Board's Report*

The following intimation is made for the guidance of the Medical Examiner :

The standard of physical fitness to be adopted should make due allowance for the age and length of service if any, of the candidate concerned.

No person will be deemed qualified for admission to the Public Service who shall not satisfy Government, or the appointing authority, as the case may be that he/she has no disease, constitutional affliction, or bodily infirmity unfitting him/her, or likely to unfit him/her for that service.

It should be understood that the question of fitness involves the future as well as the present and that one of the main objects of medical examination is to secure continuous effective service and in the case of candidates for permanent appointment to prevent early pension or payments in case of premature death. It is at the same time to be noted that the question is one of the likelihood of continuous effective service and the rejection of a candidate need not be advised on account of the presence of a defect which in only a small proportion of cases is found to interfere with continuous effective service.

The Board should normally consist of three members, (i) a Physician (ii) a Surgeon and (iii) an Ophthalmologist, all of whom should as far as practicable be of equal status. A lady doctor will be co-opted as a member of the Medical Board whenever a woman candidate is to be examined.

Candidates appointed to the Indian Defence Accounts Service are liable for field service in or out of India. In the case of such a candidate, the medical board should specifically record their opinion as to his fitness or otherwise for field service.

The report of the medical board should be treated as confidential.

In cases where a candidate is declared unfit for appointment in the Government service the grounds for rejection may be communicated to the candidate in broad terms without giving minute details regarding the defects pointed out by the Medical Board.



In cases where a Medical Board considers that a minor disability disqualifying a candidate for Government service can be cured by treatment (medical or surgical) a statement to that effect should be recorded by medical board. There is no objection to candidate being informed of the Board's opinion to this effect by the appointing authority and when a cure has been effected it will be open to the authority concerned to ask for another medical board.

In the case of candidates who are to be declared 'Temporarily Unfit' the period specified for re-examination should not ordinarily exceed six months at the maximum. On re-examination after the specified period these candidates should not be declared temporarily unfit for a further period but a final decision in regard to their fitness for appointment or otherwise should be given.

(A) Candidate's statement and declaration

The candidate must make the statement required below prior to his/her medical examination, and must sign the Declaration appended thereto. His/her attention is specially directed to the warning contained in the note below:—

1. State your name in full (in block letters) . . . . .
2. State your age and birth place : . . . . .
2. (a) Do you belong to races such as Gorkhas, Garhwalis, Assamese, Nagaland Tribals etc. whose average height is distinctly lower, Answer 'Yes' or 'No' and if the answer is 'yes' state the name of the race ? . . . . .
3. (a) Have you ever had smallpox, intermittent or any other fever, enlargement or suppuration of glands, spitting of blood, asthma, heart disease, lung disease, fainting attacks rheumatism, appendicitis ? . . . . .

OR

- (b) any other disease or accident requiring confinement to bed and medical or surgical treatment ? . . . . .
4. When were you last vaccinated ? . . . . .
5. Have you suffered from any form of nervousness due to overwork or any other cause ? . . . . .
6. Furnish the following particulars concerning your family :—

| Father's age if living and state of health | Father's age at death and cause of death | No. of brothers living, their ages and state of health | No. of brothers dead, their ages at death and cause of death |
|--|--|--|--|
| .....                                      | .....                                    | .....  | .....  |
| .....                                      | .....                                    | .....  | .....  |

| Mother's age, if living and state of health | Mother's age at death and cause of death | No. of sisters living, their ages, and state of health | No. of sisters dead, their ages at death and cause of death |
|---|--|--|---|
| .....                                       | .....                                    | .....  | .....   |
| .....                                       | .....                                    | .....  | .....   |

7. Have you been examined by a Medical Board before ? . . . . .
- . If answer to the above is, yes, please state what Service/Services you were examined for ? . . . . .

9. Who was the examining authority ? .....
10. When and where was the Medical Board held ? .....
11. Result of the Medical Board's examination, if communicated to you or if known .....

I declare that all the above answers are to the best of my belief, true and correct.

Candidate's signature .....

Signed in my presence .....

Signature of Chairman of the Board .....

NOTE:—The candidate will be held responsible for the accuracy of the above statement. By wilfully suppressing any information he/she will incur the risk of losing the appointment and, if appointed, of forfeiting all claim to superannuation allowance or gratuity.

Report of the Medical Board on (name of candidate) physical examination.

General Development : Good.....Fair.....Poor.....

Nutrition : Thin.....Average.....Obese .....

Height (without shoes).....Weight.....

Best weight.....When ?.....Any recent change in weight.....

.....Temperature.....

Girth of Chest:—

- (1) After full inspiration
- (2) After full expiration

- (2) Skin : Any obvious disease .....
- (3) Eyes: (1) Any disease .....
- (2) Night blindness .....
- (3) Defect in colour vision .....
- (4) Field of vision .....
- (5) Visual acuity .....
- (6) Fundus examination .....

| Acuity of vision         | Naked eye | With glasses | Strength of Glasses |      |      |
|--------------------------|-----------|--------------|---------------------|------|------|
|                          |           |              | Sph.                | Cyl. | Axis |
| Distant Vision           | R.E.      |              |                     |      |      |
|                          | L.E.      |              |                     |      |      |
| Near Vision              | R.E.      |              |                     |      |      |
|                          | L.E.      |              |                     |      |      |
| Hypermetropia (Manifest) | R.E.      |              |                     |      |      |
|                          | L.E.      |              |                     |      |      |

4. Ears : Inspection.....Hearing : Right Ear .....
- Left Ear .....
5. Glands .....Thyroid .....
6. Condition of teeth .....
7. Respiratory System : Does physical examination reveal anything abnormal in the respiratory organs ? .....
- .....
- .....
- If yes, explain fully .....
- .....
- .....



8. Circulatory system :
- (a) Heart : Any organic lesions? ..... Rate : Standing.....  
 After hopping 25 times.....  
 2 minutes after hopping.....
- (b) Blood pressure : Systolic ..... Diastolic.....
9. Abdomen : Girth..... Tenderness..... Hernia.....
- (a) Palpable : Liver..... Spleen..... Kidneys.....  
 Tumors.....
- (b) Hemorrhoids ..... Fistula.....
10. Nervous System : Indications of nervous or mental disabilities.....
11. Loco-Motor System : Any abnormality.....
12. Genito Urinary System : Any evidence of Hydrocele, Varicocele etc.,  
 Urine Analysis :  
 (a) Physical appearance (b) Sp. Gr. (c) Albumin  
 (d) Sugar (e) Casts (f) Cells
13. Report of Screening/X-Ray Examination of Chest.
14. Is there anything in the health of the candidate likely to render him/her unfit for the efficient discharge of his/her duties in the service for which he/she is a candidate ?  
 NOTE :— In the case of a female candidate, if it is found that she is pregnant of 12 weeks standing or over, she should be declared temporarily unfit vide Regulation 9 (Appendix No. 1) M/o Health O.M., No. F5-15/71, [MA, dt. the 5th October, 1971.]
15. (i) State the Service for which the candidate has been examined :—  
 (a) Indian Administrative Service & Indian Foreign Service.  
 (b) IPS & Delhi-Himachal Pradesh Police Service  
 (c) Central Service, Class I & II.  
 (d) Indian Forest Service.
- (ii) Has he/she been found qualified in all respects for the efficient and continuous discharge of his/her duties in—  
 (a) Indian Administrative Service & Indian Foreign Service.  
 (b) IPS and Delhi-Himachal Pradesh Police Service  
 (see specially height, chest, eye-sight, colour blindness and locomotive system)  
 (c) Transportation Traffic & Commercial Departments of the Indian Railways.....  
 (see specially height, chest, eye-sight, colour blindness).  
 (d) Other Central Services,  
 Class I/II.....  
 (e) Indian Forest Service.
- (iii) Is the candidate fit for FIELD SERVICE  
 NOTE :— The Board should record their findings under one of the following three categories :  
 (i) Fit  
 (ii) Unfit on account of  
 (iii) Temporarily unfit on account of

Place .....  
 Date .....

Chairman .....  
 Member .....  
 Member .....